EPISODE #985

Guard Your Heart!





Discussion Questions

1. Reflect with the Father
Think on your answers to the questions asked in the episode. What patterns or beliefs is He exposing? How have you mishandled your own heart in hopes of being valued by others?

2. How have you experienced the consequences of giving others the responsibility to guard your emotions, dreams, and inner life?

3. What does it mean to walk in true love—toward yourself and others—without being driven by the fear of rejection, need for approval, or desire to be seen as irresistible?