



- 1. How have you found yourself looking for healing from the trauma of the past?
- 2. Reflect and write down unresolved things that are still trying to control and dominate you.
- 3. Reflect on the statement, "It is imperative that we no longer focus mainly on who or what attacks us publicly, but shift to face what controls us privately." Share your thoughts.
- 4. What is God inviting you into? Take time to let Holy Spirit do His work in you.

